

These Success Secrets Are Still Valid

Author Michael Jeffreys personally interviewed 15 top motivational gurus for his then upcoming book. After talking to gurus from Brian Tracy to Dr. Wayne Dyer, he distilled 8 Secrets to Success they all agreed upon. These secrets are still good today and are as follows:

- 1. <u>Take 100% Responsibility for Your Life –</u> In a society where people blame everything from their parents to the government for failure, those who don't buy into this mentality or succumb to the "victim" thinking succeed. To blame something or somebody outside yourself is saying they have control of your life and not you. Someone else's opinion of you doesn't have to become your reality.
- 2. <u>Live Your Life On Purpose -</u> What separates motivational thinkers from the unsuccessful is that they believe they're doing what they were put her to do. The difference between this and just living, is that the latter is just getting through the week with the least problems. But when you live your life on purpose, your main concern is doing the job right. For the entrepreneur this means finding a cause you believe in and building your business around it.
- 3. <u>Be Willing to Pay the Price</u> Be willing to pay the price for your dreams. Wanting a big house, a luxury car, and a million dollars in the bank is all very nice, and everyone wants these things but are you willing to pay the price to get them? This is one of the major differences between the successful and unsuccessful.
- 4. <u>Stay Focused</u> Every day we're bombarded with hundreds of tasks, phone calls, messages, and everyone competing for our time. Focusing requires giving up something in the present because you are investing your time in something that will pay off big-time down the road. Jack Canfield and Mark Hanson were turned by 30 publishers when they submitted the first "Chicken Soup for the Soul" book. Instead of giving up, they stayed focused on their goal and did four or five interviews per day for radio, TV, and newspapers, for five days a week for a whole year. Eventually, a small publisher decided to take a chance, and of course now it's a best-seller that spawned an entire series that have sold more than 10 million copies.
- 5. <u>Become An Expert in Your Field One</u> Striking factor all successful people have in common is how seriously they take their profession. They strive to be the best at what they do, and do almost anything to improve. If someone followed you around all day with a video camera at your business, would it be a tape you'd be proud of or embarrassed about? Make the decision today to work at being the best in your field. How? By finding out what the "best" in your field are doing, and do what they do.
- 6. Write Out a Plan for Achieving Your Goals Write out an action plan/map for how you're going to achieve your goals. Trying to reach your goals without a plan is like trying to drive from Los Angeles to Chicago without a map. A goal that isn't written down is merely a wish or fantasy.
- 7. Never Give Up Never, never, never give up. When you're fully committed to achieving your goal, giving up is not an option. You must be willing do whatever it takes to make it happen. The power of perseverance is an awesome force. As someone once said, "inch by inch it's a cinch". Think of the lowly inchworm if it pondered the length of the trip from start to finish before it started, it probably would never move. To a worm's point-of-view, the garden path must look like a trip to Mars. Never give up! Keep on going like the Eveready battery bunny, and pretty soon you're there.

8. <u>Don't Delay</u> - Nobody knows how much time they have left to accomplish their dreams, and we must remember that we don't have forever. The clock is ticking, and sooner or later your number comes up and you're gone. Successful achievers know this too, but they don't view it as a "negative". Achievers use it to "spur them on". They go after what they want as energetically and as passionately as possible, for as long as they have.

I had a friend who used to say, "Today is a cheque – cash it! Yesterday is an I.O.U. – forget it! Tomorrow is a promissory note, don't bank on it!" I think that's a pretty good summation of life, so go out there and cash in on that "today" cheque.