

A man wearing a grey t-shirt and a grey baseball cap is sitting on a grassy field, viewed from behind. In the background, there is a blurry scene of people, possibly a sports event, with one person in a blue and white uniform appearing to be in motion. The overall atmosphere is bright and outdoor.

# Getting Exactly What You Want Out Of Your Life

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Many years ago, a New York Yankees Coach once said something like this to his team... "I will now take you all back to basics... this is a ball!"

### Today let's start right at the beginning shall we?

You're really getting tired of the 9 to 5 "rat race" and are thinking about chucking it for your own business. All your friends keep telling you that you could do for yourself just what you're doing now for your boss. Why shouldn't you profit from your ideas instead of him?

You keep thinking about it because you know that you'll never be financially where you want to be with a weekly paycheck, but what business would you start?

Before you pack in that weekly paycheck, this is the time to evaluate yourself and your future and it takes some real, down to earth honesty. You want to change your life for the better... Ok let's start.

Did you know that you have the potential to do and be anything you want? People have different perceptions of the ideal life, and it ranges from obtaining financial freedom to as simple as owning a new pair of shoes. Unfortunately, many fail to reach their aspirations because they can't get a solid, clear picture in their mind of what they really want.

Take the next few days and embark on a fact-finding journey that will be a life-changing experience for you. Get a pad and pencil and start with this:

**KNOW EXACTLY WHAT YOU WANT** – Be specific in your passions, then focus all your efforts on that particular desire.

Those who always change their minds and those who give up easily when the going gets tough will never get anywhere. If you're a bit confused and aren't sure what you really want in life, answer these seven questions:

1. What makes your heart beat with excitement?
2. What makes you happy?
3. What are you constantly thinking of day and night?
4. What do you want to do with the rest of your life?
5. What do you enjoy doing?
6. What are your obsessions?
7. What things make you jump for joy?

Write down all your possible answers to the above questions. Write down everything, no matter how silly or unimportant it seems. Put all your desires on paper that answers any of the above questions.

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When that's done, go back and circle five to seven items that interest you the most. Then evaluate and choose with your heart, not your mind, the one and only thing worthy to spend all your time and resources on and that brings out the best in you.

Now you may wind up with something like, "I want to play Rugby for the England Team." If you're over 30 I'd say that isn't too viable a choice right now, but you could do something related to rugby or sports. How about starting a sports publication? Or perhaps a sporting goods retail business, sports memorabilia business, or even a gym could be the answer.

The most important thing to remember, no matter how "pie in the sky" it seems, is to **USE YOUR HEART**. Others may disagree with you, but you should be firm with what you really want. Others may offer comments or advice, but the final decision is always yours to make. You should concentrate on what you want, not what others want of you.

Remember you only get one shot at living your life. There are no replays and you don't get to do it over again. You may not do it right, but at least you're doing it. Too many lives have been lived in quiet desperation waiting until – until they had saved a nest egg, until the children are out of school, until I retire, and they depart this life before "until" ever arrives.

Don't go to sleep tonight without making a decision on **WHAT YOU REALLY WANT IN LIFE MORE THAN ANYTHING ELSE**.

Then spend a few days evaluating how to make it possible and make a living at it. Begin living every day as if it were the last day you had – never leaving anything to be done next week, next month, or next year.

There will always be bills, things will always break down eventually and need replacing, there may be storms and earthquakes and repairs – but there will only be one life for you to live. It can't be put on "hold"!

The final outcome of your efforts may be in the future, but you're living each day by taking steps toward that outcome.

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